

The Circle of Friends Martial Arts Championships

Tournament Rules

General

- Competitors must compete as of their age on January 1st, 2008 if competing for National Martial Arts Circuit points.
- Any sign of Unsportsmanlike conduct or unfair treatment of Referee's and Tournament Officials will get the competitor disqualified immediately from that division (No awards will be received for that division if disqualified for Unsportsmanlike Conduct)

Kata and Weapons:

- Kyu Belts are allowed 1 restart; Black Belts are allowed no restarts.
- There will be no introductions in all Kyu Belt divisions, only in Black Belt divisions
- Kyu Belts will be judged between 7.00 – 9.00; Black Belts are judged 9.00 +.
- All Music and Sound Systems must be supplied by the competitor
- Late competitors will be allowed to enter division but must compete right away with no warm-up.

Kung Fu Divisions:

- Proper attire must be worn for the style
- Proper Kung Fu form must be performed

Kumite:

- Kyu Belts: 3 points or 2 minute time limit (which ever comes first)
- Black Belts: 5 points or 3 minute time limit (which ever comes first)
- No strikes below the belt, to the back, no sweeps allowed
- Kyu Belts: light contact to body and head gear (no facial contact at all)
- First occurrence of an illegal technique: point to opponent, 2nd occurrence: DQ'd
- Black Belts: light contact allowed; no warnings – either it's a point or a DQ
- All Belts: Heavy Contact is an automatic DQ
- Competitor must be inside the ring to score a point, if continuously running out of ring point goes to their opponent (Only 1 warning)
- No late competitors will be allowed to enter the division once the first fight starts